Lunch Menu Term 1



	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	Spaghetti Bolognaise	Homemade Breaded Chicken	Oven Baked Breaded Fish	Roast Breast of Chicken Or	Oven Baked Sausage
29 th Aug		Goujons & Dip	Fingers	Roast Pork	
26 th Sept	Garden Peas				Garden Peas
24 th Oct	Medley of Vegetables	Diced Carrots	Sweetcorn, Broccoli Florets	Traditional Stuffing	Tossed Salad
	Mashed Potato	Salad Selection	Mashed Potato	Fresh Diced Carrots, Broccoli	Baked Beans
21st Nov	Gravy	Herb Diced Potato		Florets	Baked Potato
19 th Dec				Oven Roast Potato	Chips
16 th Jan	Consequently Law Tamping 0	talle 9 to Consum Client with	Funds Funds On	Mashed Potato, Gravy	Land Constant Table O. Small Pinner
	Sponge with Jam Topping & Custard	Jelly & Ice-Cream Slice with Orange Segments	Fresh Fruit Or Fresh Yoghurt	Rice Krispie Square & Custard	Ice Cream Tub & Fruit Pieces
		0 0	<u> </u>		
WEEK 2	Homemade Margherita Pizza	Steak Burger	Fresh Breaded Fish Goujons	Roast Breast of Chicken	Chicken Nuggets
5 th Sept	Ham & Cheese Pizza				
3 rd Oct		Broccoli Florets	Baked Beans	Traditional Stuffing	Sweetcorn
31st Oct	Garden Peas Tossed Salad	Carrots Mashed Potato	Sweetcorn	Fresh Diced Carrots	Salad Selection Mashed Potato
28 th Nov	Herb Diced Potato		Garden Peas Mashed Potato	Parsnip Oven Roast Potato	
	Herb Diced Potato	Gravy	iviasned Potato	Mashed Potato, Gravy	Chips
26 th Dec	Flakemeal Biscuit &	Muffin Cake & Custard	Jelly & Ice-Cream Slice Or	iviasned Potato, Gravy	
23 rd Jan	Water Melon Slice	Widiliii Cake & Custaiu	Fresh Fruit	Fruit Sponge & Custard	Frozen Yoghurt & Fruit Pieces
WEEK 3	Oven Baked Breaded Fish	Breast of Chicken and Curry	Cottage Pie	Roast Gammon	Oven Baked Sausages
	Fingers	sauce & Boiled Rice & Naan	cottage i ic	noust cummon	Oven bunea sausages
12 th Sept	· ···gere	Bread	Salad Selection	Traditional Stuffing	Garden Peas
10 th Oct	Carrots		Baked Beans	Fresh Baton Carrots	Coleslaw
7 th Nov	Garden Peas	Sweetcorn	Diced Turnip	Cauliflower Florets, Mashed	Baked Potato
5 th Dec	Mashed Potato	Broccoli Florets	Mashed Potato	Potato, Oven Roast Potato	Chips
2 nd Jan		Herb Diced Potato	Gravy	Gravy	
30 th Jan					
30 Jaii	Fresh Fruit Or	Jelly & Fruit Pieces	Rice Pudding Or Fresh Yoghurt	Ginger Biscuit &	Ice Cream &
	Fresh Yoghurt		Or Fresh Fruit	Custard	Fruit Pieces
WEEK 4	Steak Burger	Pasta Bolognaise	Oven Baked Sausage	Roast Breast of Chicken Or	Homemade Margherita Pizza
19 th Sept	8.1.18			Flaked Salmon Wrap	
17 th Oct	Baked Beans	Fresh Baton Carrot	Garden Peas	Tue distance Chariffing	Noodles
14 th Nov	Sweetcorn	Garden Peas	Diced Carrots	Traditional Stuffing	Sweetcorn, Salad Selection
12 th Dec	Broccoli Florets Mashed Potato	Herb Diced Potato	Mashed Potato, Gravy	Tossed Green Salad Broccoli Floret	Chips
	iviasiled Potato			Oven Roast Potatoes	
9 th Jan	Fresh Fruit Or	Eton Mess		Mashed Potato, Gravy	
6 th Feb	Fresh Yoghurt	(Meringue, Fruit & Yoghurt)	Fresh Fruit salad & Jelly	iviasileu Fotato, Glavy	Ice Cream &
	Tresh roghurt	(interingue, truit & rognurt)	Tresti i i die salad & Jelly	Chocolate Brownie & Custard	Fruit Pieces

Breads Milk, Water A choice of Fresh Fruit or Yoghurt Available Daily

Rice, Pasta, **Noodles, Potatoes** and Gravy can be served Daily

If You Require **Any Additional** Information on Allergens or **Special Diets** Please Contact the School to complete a **Special Diets Application Form**

